



**TYPHOID FEVER VACCINE:  
VIVOTIF**

Typhoid fever is a bacterial infectious disease caused by *Salmonella Typhi*. It is transmitted by consuming contaminated food and water.

It has a worldwide distribution, but it is much more frequent in Africa, Asia, Central and South America and some rural areas of the Eastern Mediterranean.

<b>ORAL-VIVOTIF VACCINE</b>	
Indications	Over five years of age, travelling to areas where it is endemic.
Vaccine type	Attenuated strain of <i>Salmonella Typhi</i> Ty21a.
Vaccination schedule	Three capsules taken over five days, on days 1, 3 and 5 and taken with cold liquids one hour before meals.
Effectiveness	It becomes effective fifteen days after you start to take it. It provides protection for at least three years.
Contraindications	Avoid taking antibiotics, sulfonamides and anti-malarial medicines from at least three days before starting to take it and until at least three days after.
Side effects	Headaches, gastrointestinal disorders, fever, and rash (1% to 10% of cases).
<b>STORAGE</b>	<b>KEEP REFRIGERATED</b> (From purchase up until you take it)

**REMEMBER:**

You should start taking the vaccine at least fifteen days before you plan to arrive in the risk area.

It is important to follow hygiene measures with food and water.

**PREVENTION & PROMOTION SERVICE – INTERNATIONAL HEALTH CENTRE**

Montesa, 22, Edificio A, Planta Baja – 28006 MADRID