



PREVENTING MALARIA MEFLOQUINE (LARIAM)

To avoid malaria in the area you visit, take MEFLOQUINE (LARIAM). It is available in Spain as an overseas medication.

Recommended dosage: 1 tablet, 250 mg (people over 45 kg body weight) **per week**, always on the same day of the week, taken with food and plenty of liquid and without chewing the tablet:

- Start one week **before** entering a malaria risk area.
- Continue with **a weekly tablet** during your **stay**.
- Continue with **one tablet a week** for four weeks **after** leaving the area.

Side effects: The most frequent are headache, upset stomach and disturbed sleep.

Contraindications: Hypersensitivity to the active ingredient or any of the excipients of the drug, history of psychiatric illness, including depression, cardiac arrhythmia, severe liver impairment, and convulsive disorders.

REMEMBER:

No antimalarial prophylaxis ensures complete protection, so the first defence against the disease is to avoid mosquito bites.

Pregnant women and children are especially susceptible to severe malaria.

If you experience fever, joint pain, general malaise or diarrhoea from one week after entering the risk area or up to three months after leaving it, consult a doctor to rule out the possibility of malaria.

If you experience severe side effects, discontinue the medication and seek medical advice.

Read the medicine's patient package insert carefully.

DISPENSED AT: **FARMACIA DE MEDICAMENTOS
EXTRANJEROS (OVERSEAS MEDICINES PHARMACY)**
C/SAGASTA 6. METRO BILBAO. MONDAY TO FRIDAY FROM 9 am TO
2 pm.

PREVENTION & PROMOTION SERVICE – INTERNATIONAL HEALTH CENTRE

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